Policy: Electronic Resuscitation Plans and Advanced Care Planning



# ELECTRONIC RESUSCITATION PLANS AND ADVANCED CARE PLANNING

# Policy<sup>®</sup>

## DOCUMENT SUMMARY/KEY POINTS

- SCHN uses an electronic Resuscitation Plan for recording resuscitation decisions as an outcome from goals of care and/or advance care planning discussions. Refer to NSW Health Policy Directive <u>Using Resuscitation Plans in End of Life Decisions</u> PD2014 030.
- The electronic Resuscitation Plan replaces previous processes as of 31 May 2022 (SCH
   paper Resuscitation Plan; CHW Allow Natural Death).
- It is generated for inpatient encounters and is valid for the duration of the admission unless amended /rescinded.
- The Paediatric Resuscitation Plan is for children >29 days and <18 years age.</li>
  - For infants < 29days age, the Resuscitation Plan is not currently available.</li>
  - For patients >18 years, the Adult Resuscitation Plan is to be used.
  - A detailed note should be documented in PowerChart progress notes and ensure staff are aware that an advanced care planning discussion has taken place and that goals of care and appropriate management has been decided on.
- A Resuscitation Plan can also be generated for an Outpatient encounter and would then need to be re-generated at next admission.

This document reflects what is currently regarded as safe practice. However, as in any clinical situation, there may be factors which cannot be covered by a single set of guidelines. This document does not replace the need for the application of clinical judgement to each individual presentation.

Approved by:	SCHN Policy, Procedure and Guideline Committee	
Date Effective:	1 <sup>st</sup> March 2023	Review Period: 3 years
Team Leader:	Clinical Nurse Consultant	Area/Dept: Paediatric Palliative Care



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## **CHANGE SUMMARY**

 Replaces previous SCHN policies - Resuscitation Plans - End of Life Decisions (2015-9006) and Allow a Natural Death by limiting the use of Life-Sustaining Treatment - CHW (2006-8331).

# READ ACKNOWLEDGEMENT

Clinical and clerical staff who access the electronic medical records.

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## 1 Definitions:

#### Advance Care Directive (ACD)

An Advanced Care Directive is a way to document healthcare treatments you would like to have or refuse, should you be in a position where you are seriously ill or injured and unable to make or communicate decisions about your care and treatment<sup>1</sup>. An Advanced Care Directive can only be made by an adult with decision-making capacity.

### Advance Care Plan (ACP):

An Advance Care Plan is the outcome of an Advance Care Planning process. Like an Advance Care Directive (for 18 years and above), an Advance Care Plan also records preferences about health and personal care and treatment goals. However, it may be completed by discussion or in writing and it may be made by, with, or for the individual. It should inform a Resuscitation Plan<sup>2</sup>.

#### Allow a Natural Death

This document has been discontinued.

#### Goals of Care

The general goal of medical treatment is the health and wellbeing of the patient. The specific goal of medical treatment may, in the circumstances, be cure of an illness, relief of the symptoms of an illness, stabilisation of the patient in a satisfactory condition, improvement in the way the patient dies, etc<sup>1</sup>.

#### Neonate

A baby aged < 29 days of age.

#### Paediatric

Person under 18 years of age

#### Resuscitation Plan:

A Resuscitation Plan is a medically authorised order to use or withhold resuscitation measures and document other time critical clinical decisions related to end of life. These were formerly called No CPR Orders or "Allow a Natural Death Plan". A Resuscitation Plan is made:

- With reference to pre-planning by patients (such as Advance Care Plans or directives)
- In consultation with patients/families
- Taking account of the current clinical status, as well as the wishes and goals of the patient1.
  - Making an Advance Care Directive- form and information booklet (2022) NSW Health. Available at: https://www.health.nsw.gov.au/patients/acp/Pages/acd-form-info-book.aspx (Accessed: November 28, 2022).
  - 2. NSW Health 2019 Using Resuscitation Plans in End of Life Decisions PD2014\_030 pp.12,13



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## 2 Table of Abbreviations

Full Form	Abbreviation
Advanced Care Directive	ACD
Advanced Care Plan	ACP
Allow a Natural Death	AND
Children's Hospital Westmead	CHW
Cardio Pulmonary Resuscitation	CPR
Electronic Medical Records	eMR
Sydney Children's Hospital	SCH
Sydney Children's Hospitals Network	SCHN

## 3 Management of Electronic Resuscitation Plans

- A new eMR Resuscitation Plan Tile denotes the existence of an ACTIVE or PREVIOUS resuscitation plan.
- For information regarding documenting, viewing, modifying and cancelling an Electronic Resuscitation Plans and how to record when a patient has Advanced Care documentation in eMR refer to Flow Chart 1.
- Where surgery is planned for someone with a Resuscitation Plan, this should be
  reviewed in consultation with the patient (if appropriate), Person Responsible,
  anaesthetist and surgeon as to whether it is appropriate to suspend it during the
  intra- or postoperative period. This decision should be clearly documented in the
  medical record<sup>2</sup>. Generally it would be rescinded for the duration for the
  procedure and re-instated by primary/admitting clinician when appropriate.
- Only scan into 'Document Imaging' the paper Resuscitation Plan forms that have been created outside the SCHN and dated outside of the admission.
- At time of discharge, a hard copy can be printed (whilst the encounter is still open) to give to the parents/carers so they can share it with their key health teams.
- A hard copy can be printed (whilst the encounter is still open) to accompany the patient on an inter-facility transfer.
- Resuscitation Plans are valid in community settings <u>except</u> for community patients under the medical care of a doctor who is not a NSW Health staff



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member. General Practitioners with admitting rights are considered NSW Health staff.

• Advance Care Documents are viewable in the Alerts section or in the Advanced Care Documents Tab on patient summary page of the eMR (This function will be available in 2023).





## Documenting, Viewing, Modifying & Cancelling Electronic Resuscitation Plans and Advance Care **Documents Flow Chart**

#### Resuscitation Plan

SCHN uses an electronic Resuscitation Plan for recording resuscitation decisions as an outcome from goals of care and/or advance care planning discussions.

This replaces previous processes as of 31 May 2022 (SCH – paper Resuscitation Plan; CHW – Allow Natural Death). It is generated for inpatient encounters and is valid for the duration of the admission unless amended/rescinded.

Documenting a New admission when Resuscitation Plan for a patient has had a Inpatient with existing Resuscitation Plan previous Resuscitation patient who has **no** previous documentation Plan PRINT - When CANCELLING Goals of care discussed VIEWING a A Resuscitation If a patient has had a transferring to another with Patient (where Plan cannot be Resuscitation Plan Resuscitation Plan facility or to **create a** appropriate)/ Parents/ modified. It must Resuscitation completed in a previous (SCHN Learning, Kids) copy for parents/carers Carers and documented encounter, it will autobe cancelled and Plan: to demonstrate the in clinical notes: this discontinue on discharge. the previous CHW ONLY On the patient's next agreed decisions for forms the basis of the version of the Plan (SCHN Resuscitation Plan

How to CREATE a Resuscitation Plan

(SCHN Learning, Kids)

detail

admission, there will be a prompt to reinstate a Resuscitation Plan on the current encounter. On admission check with Parent/ Carer if anything has changed from previous Resuscitation Plan

**REINSTITUTING** a previous Resuscitation Plan

(SCHN Learning, Kids)

The Allow a Natural Death (AND) Form has been replaced with the Resuscitation Plan in PowerChart. If a patient has an AND Form, it

must be rescinded. In the patient chart, open the Management Plans page from the menu. Select

**RESCIND Allow a** Natural Death (SCHN Learning.Kids) can be used as a Draft to complete a new Plan. How to UPDATE a Resuscitation Plan

(SCHN Learning, Kids)

reference outside hospital.

Learning.Kids)

How to PRINT a Resuscitation Plan (SCHN Learning, Kids)

Please provide a copy of the Resuscitation Plan to parent/carer when discharging patient from hospital. Print and write 'Parent's

Copy' on the form.

**Advanced Care Documents** (This function will be available in 2023)

#### ADVANCED CARE PLANNING **DOCUMENTATION** (SCHN Learning.Kids)

Record if the patient has any Advance Care Plans (excluding a Resuscitation Plan). These include

- Ambulance Plan
- DCJ goals of care confirmation (Annual approval details from DCJ for quick reference (Resuscitation Plan would be developed from this)
- 3) Coroner- Paediatric Palliative Care alternate reporting (Document details of approval and process)
- 4) External goals of care documentation (Letter or resuscitation plan external to SCHN)
- 5) After death plan (e.g. post mortem studies, organ donation etc.)
- 6) Other advance care document

If teams/clinicians require support for having goals of care and/or advance care planning discussions, please contact the relevant team from SCHN Palliative Care at either CHW or SCH. Paediatric Palliative Care After-Hours telephone advice is available via either CHW or SCH switchboards. Ask to speak with whoever is on call for paediatric palliative care.

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