

Appendix 4: Discharge Planning Information

Equipment and Consumables

A one month supply of consumables should be provided prior to discharge. This should be arranged by either ward nursing staff or appropriate specialist CNC. These should include:

Enteral fed patients

- Appropriate sized oral syringes
- Feeding bags (if on pump feeds)
- Securing tapes and skin protective dressing
- Complete a Request for Supplies form and provide to the family at time of discharge for purchase of ongoing supplies from the Appliance and Equipment Centre (CHW) or HELP Centre (SCH).

NG/OG Patients also require

- pH indicator strips
- spare NG tube (appropriate type and size)
- lubricant
- If pump feeding is only required in the short-term, a Kangaroo pump can be arranged for hire from the Equipment Loan Pools. (24hr notice is required).
- Complete an Equipment Loan form and provide to the family prior to collection. The family are required to pay a refundable deposit and a three month hire fee at time of collection. Contact Equipment Centre for current pricing.

If pump feeding is required long-term, a more portable home feeding pump can be arranged directly from medical technology companies, via the patients known CNC or KidsGPS. These pumps are chosen on the basis of parent preference, hospital advice or affordability. SCHN does not currently allow private medical technology companies to provide pump education to families in ward areas.

EnableNSW & National Disability Insurance Scheme (NDIS)

- Since 2015 patients with a proven chronic and complex intellectual and/or physical disability are eligible for a yearly financial plan to meet the cost of their disability under the NDIS. This includes funding for annual feeding equipment. Plans may be self-managed, managed by an external provider or managed by the NDIA (National Disability Insurance Agency).
- Patients whose plans are managed by the NDIA can obtain their feeding equipment from EnableNSW, provided they choose EnableNSW as their equipment provider. Plans that are self or agency managed have to purchase their equipment through either BrightSky or from the medical supply or technology companies directly. The cost for the equipment is paid from the patients' NDIS plan.

- Children that are not eligible for NDIS are able to obtain their gastrostomy equipment from EnableNSW. These prescriptions must be completed by an eligible prescriber.
- In most circumstances patients with NG/OG tubes are not eligible for EnableNSW support as it is usually considered to be a short-term feeding option. Exceptions include TPT/NJT feeding and patients that are unable to progress to surgical gastrostomy.

Formula Supply

- Formula supply for home is organised by the Dietitian. There is no facility for supply by the hospital.
- Eligible families are identified and registered by the Dietitian with the Home Enteral Nutrition Service (HENS).
- If a patient is on a prescription formula (authority script), this needs to be provided by the medical team prior to discharge.
- If a patient is known to a Dietitian at a different facility, they should be given a short HENS registration only (e.g. 3 months) and encouraged to follow up with their local Dietitian for ongoing registration and reviews.
- Plans for follow-up and monitoring of growth and nutrition with a Dietitian (either locally or at SCHN should be organised or recommended at or prior to discharge.